ATCC® Normal Human Pre-Adipocytes are derived from de-differentiated mature adipocytes by ceiling culture and provide an ideal culture model for the study of diabetes, obesity, metabolism, insulin sensitivity, and adipose biology. Human Pre-Adipocytes can be expanded in an undifferentiated state for future differentiation to mature Adipocytes and show higher efficiency of adipogenesis compared to Mesenchymal Stem Cells. ATCC® Human Pre-Adipocytes may also be differentiated down chondrogenic, and osteogenic lineages.

Components: One vial of Pre-Adipocytes; Normal, Human (ATCC® PCS-210-010) containing a minimum of 1 x 10⁶ viable cells.

Also Required:
A. One bottle of Fibroblast Basal Medium (ATCC® PCS-201-030) plus one Fibroblast Growth Kit (ATCC® PCS-201-041).
B. Optional media supplements:
   1. Adipocyte Differentiation Toolkit (ATCC® PCS-500-050)
   2. Gentamicin-Amphotericin B Solution (ATCC® PCS-999-025)
   3. Penicillin-Streptomycin-Amphotericin B Solution (ATCC® PCS-999-002)
   4. Phenol Red (ATCC® PCS-999-001)
C. Reagents for subculture
   1. D-PBS (ATCC® 30-2200)
   2. Trypsin-EDTA for Primary Cells (ATCC® PCS-999-003) containing 0.05% Trypsin and 0.02% EDTA. Note: Do not use other trypsin-EDTA concentrations with ATCC® PCS-210-010
   3. Trypsin Neutralizing Solution (ATCC® PCS-999-004)

Cell Characteristics

Tissue: Mature adipose tissue
Morphology: Spindle-shaped, fibroblast-like
Growth Properties: Adherent

SAFETY PRECAUTION

ATCC highly recommends that protective gloves and clothing always be used and a full face mask always be worn when handling frozen vials. It is important to note that some vials leak when submersed in liquid nitrogen and will slowly fill with liquid nitrogen. Upon thawing, the conversion of the liquid nitrogen back to its gas phase may result in the vessel exploding or blowing off its cap with dangerous force creating flying debris.

Unpacking & Storage Instructions

1. Check all containers for leakage or breakage.
2. Remove the frozen cells from the dry ice packaging and immediately place the cells at a temperature below -130°C, preferably in liquid nitrogen vapor, until ready for use.

Preparation of Complete Growth Medium

1. Obtain one Fibroblast Growth Kit-Low Serum from the freezer; make sure that the caps of all components are tight.
2. Thaw the components of the growth kit just prior to adding them to the basal medium.
3. Obtain one bottle of Fibroblast Basal Medium (480 mL) from cold storage.
4. Decontaminate the external surfaces of all growth kit component vials and the basal medium bottle by spraying them with 70% ethanol.
5. Using aseptic technique and working in a laminar flow hood or biosafety cabinet, transfer the indicated volume of each growth kit component, as indicated in Table 1, to the bottle of basal medium using a separate sterile pipette for each transfer.

Table 1. Fibroblast Growth Kit-Low Serum Components (ATCC® PCS-201-041)
Table 2. Addition of Antimicrobials/Antimycotics and Phenol Red (Optional)

<table>
<thead>
<tr>
<th>Component</th>
<th>Volume</th>
<th>Final Concentration</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gentamicin-Amphotericin B</td>
<td>0.5 mL</td>
<td>Gentamicin: 10 µg/mL</td>
</tr>
<tr>
<td>Solution</td>
<td></td>
<td>Amphotericin B: 0.25 µg/mL</td>
</tr>
<tr>
<td>Penicillin-Streptomycin-</td>
<td>0.5 mL</td>
<td>Penicillin: 10 Units/mL</td>
</tr>
<tr>
<td>Amphotericin B Solution</td>
<td></td>
<td>Streptomycin: 10 µg/mL</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Amphotericin B: 25 ng/mL</td>
</tr>
<tr>
<td>Phenol Red</td>
<td>0.5 mL</td>
<td>33 µM</td>
</tr>
</tbody>
</table>

Antimicrobials and phenol red are not required for proliferation but may be added if desired. The recommended volume of either of the optional components (GA solution or PSA solution) to be added to the complete growth media is summarized in Table 2.

Handling Procedure for Frozen Cells and Initiation of Culture

1. Tightly cap the bottle of complete growth medium and swirl the contents gently to assure a homogeneous solution. Do not shake forcefully to avoid foaming. Label and date the bottle.

2. Complete growth media should be stored in the dark at 2°C to 8°C (do not freeze). When stored under these conditions, complete growth media is stable for 30 days.

3. Using the total number of viable cells, determine how much surface area can be inoculated to achieve an initial seeding density of 5,000 cells per cm².

4. Prepare the desired combination of flasks. Add 5 mL of complete growth medium per 25 cm² of surface area. Place the flasks in a 37°C, 5% CO₂ humidified incubator and allow the media to pre-equilibrate to temperature and pH for 30 minutes prior to adding cells.

5. While the culture flasks equilibrate, remove one vial of ATCC® PCS-210-010 from storage and thaw the cells by gentle agitation in a 37°C water bath. To reduce the possibility of contamination, keep the O-ring and cap out of the water. Thawing should be rapid (approximately 1 to 2 minutes).

6. Remove the vial from the water bath as soon as the contents are thawed, and decontaminate by dipping in or spraying with 70% ethanol. All operations from this point onward should be carried out under strict aseptic conditions.

7. Replace the medium after the cells have attached, approximately 4-36 hours after inoculation to remove cryopreservation reagents.
1. Before beginning, pre-warm complete growth media in a 37°C water bath. This will take between 10 and 30 minutes, depending on the volume. If using a small volume of medium (50 mL or less), warm only the volume needed in a sterile conical tube. Avoid warming complete growth media multiple times.
2. 24 hours after seeding, remove the cells from the incubator and view each flask under the microscope to determine percent cellular confluence.
3. Carefully remove the spent media without disturbing the monolayer.
4. Add 5 mL of fresh, pre-warmed complete growth medium per 25 cm² of surface area and return the flasks to the incubator.
5. After 24 to 48 hours, view each flask under the microscope to determine percent cellular confluence. If not ready to passage, repeat steps 3 and 4 as described above. When cultures have reached approximately 70% to 80% confluence, and are actively proliferating (many mitotic figures are visible), it is time to subculture.

**Subculturing**

1. Passage normal adipose-derived stem cells when the culture has reached approximately 70% to 80% confluence.
2. Warm both the Trypsin-EDTA for Primary Cells (ATCC® PCS-999-003) and the Trypsin Neutralizing Solution (ATCC® PCS-999-004) to room temperature prior to dissociation. Warm the complete growth medium to 37°C prior to use with the cells.
3. For each flask, carefully aspirate the spent media without disturbing the monolayer.
4. Rinse the cell layer one time with 3 to 5 mL D-PBS (ATCC® 30-2200) to remove residual medium.
5. Add pre-warmed trypsin-EDTA solution (1 to 2 mL for every 25 cm²) to each flask.
6. Gently rock each flask to ensure complete coverage of the trypsin-EDTA solution over the cells, and then aspirate the excess fluid off of the monolayer.
7. Observe the cells under the microscope. When the cells pull away from each other and round up (typically within 2 to 3 minutes), remove the flask from the microscope and gently tap it from several sides to promote detachment of the cells from the flask surface.
8. When the majority of cells appear to have detached, quickly add an equal volume of the Trypsin Neutralizing Solution (ATCC® PCS-999-004) to each flask. Gently pipette or swirl the culture to ensure all of the trypsin-EDTA solution has been neutralized.
9. Transfer the dissociated cells to a sterile centrifuge tube and set aside while processing any remaining cells in the culture flask.
10. Add 3 to 5 mL D-PBS (ATCC® 30-2200) to the tissue culture flask to collect any additional cells that might have been left behind.
11. Transfer the cell/D-PBS suspension to the centrifuge tube containing the trypsin-EDTA-dissociated cells.
12. Repeat steps 10 and 11 as needed until all cells have been collected from the flask.
13. Centrifuge the cells at 250 x g for 3 to 5 minutes.
14. Aspirate neutralized dissociation solution from the cell pellet and resuspend the cells in 2 to 8 mL fresh, pre-warmed, complete growth medium.
15. Count the cells and seed new culture flasks at a density of 5,000 viable cells per cm².
16. Place newly seeded flasks in a 37°C, 5% CO₂ incubator for at least 24 to 48 hours before processing the cells further. Refer to Maintenance for guidelines on feeding.

**Viability:** ≥ 70% when thawed from cryopreservation

**Quality Control Specifications**

**Growth**
Each lot of ATCC® PCS-210-010 is tested to ensure the cells can be passaged at least three times (i.e., approximately 9 to 10 population doublings) after thaw in complete fibroblast growth media (Fibroblast Basal Medium plus Fibroblast Growth Kit) and support differentiation. **Viability:** ≥ 70% when thawed from cryopreservation.

**Sterility Testing**
Negative for bacteria, yeast, fungi
Negative for Mycoplasma

**Viral Testing**
Negative for HIV-1, HIV-2, Hepatitis-B and Hepatitis-C.

**Specific Staining**
Positive for CD29, CD44, CD73, CD90, CD105, and CD166 (greater than 95% of the cell population expresses these markers by flow cytometry) Negative for CD14, CD31, CD34, and CD45 (less than 2% of cell population expresses these markers by flow cytometry).
Differentiation: Each lot of ATCC® PCS-210-010 is tested to ensure in vitro differentiation to mature adipocytes, chondrocytes, and osteoblasts.

Biosafety Level: 1

Appropriate safety procedures should always be used with this material. Laboratory safety is discussed in the current publication of the Biosafety in Microbiological and Biomedical Laboratories from the U.S. Department of Health and Human Services Centers for Disease Control and Prevention and National Institutes for Health.

Human Material Precaution

All tissues used for isolation are obtained under informed consent and conform to HIPAA standards to protect the privacy of the donor’s personal health information. It is best to use caution when handling any human cells. We recommend that all human cells be accorded the same level of biosafety consideration as cells known to carry HIV. With infectious virus assays or viral antigen assays, even a negative test result may leave open the possible existence of a latent viral genome.

ATCC Warranty

The viability of ATCC® products is warranted for 30 days from the date of shipment, and is valid only if the product is stored and cultured according to the information included on this product information sheet. ATCC lists the media formulation that has been found to be effective for this strain. While other, unspecified media may also produce satisfactory results, a change in media or the absence of an additive from the ATCC recommended media may affect recovery, growth and/or function of this strain. If an alternative medium formulation is used, the ATCC warranty for viability is no longer valid.

Disclaimers

This product is intended for laboratory research purposes only. It is not intended for any animal or human therapeutic or diagnostic use.

Citation of Strain

If use of this culture results in a scientific publication, it should be cited in that manuscript in the following manner: Primary Subcutaneous Pre-adipocytes; Normal, Human (ATCC® PCS-210-010™)