ATCC® Normal Adult Human Primary Dermal Fibroblasts, when grown in Fibroblast Basal Media supplemented with Fibroblast Growth Kit components, provide an ideal cell system to propagate dermal fibroblasts in either serum-free or low serum conditions. The cells are cryopreserved in their first passage to ensure the highest viability and plating efficiency. ATCC® Primary Cell Solutions™ cells, media, supplements and reagents are quality tested together to guarantee optimum performance and reliability.

**Components:** One vial of Dermal Fibroblasts; Normal, Human, Adult (ATCC® PCS-201-012) containing a minimum of 5 x 10^6 viable cells (provided).

**Also Required:**

A. One bottle of Fibroblast Basal Medium (ATCC PCS-201-030) plus one Fibroblast Growth Kit of either:
   1. Fibroblast Growth Kit–Serum-Free (ATCC PCS-201-040) containing each of the following growth supplements: L-glutamine, hydrocortisone hemisuccinate, HLL supplement (human serum albumin, linoleic acid, lecithin), rh FGF β, rh EGF / TGF β-1 supplement, rh insulin and ascorbic acid.
   2. Fibroblast Growth Kit–Low Serum (ATCC PCS-201-041) containing each of the following growth supplements: L-glutamine, hydrocortisone hemisuccinate, rh FGF β, rh insulin, ascorbic acid and Fetal Bovine Serum.

B. Optional media supplements:
   1. Gentamicin-Amphotericin B Solution (ATCC PCS-999-025)
   2. Penicillin-Streptomycin-Amphotericin B Solution (ATCC PCS-999-002)
   3. Phenol Red (ATCC PCS-999-001)

C. Reagents for subculture:
   1. D-PBS (ATCC 30-2200)
   2. Trypsin-EDTA for Primary Cells (ATCC PCS-999-003) containing 0.05% Trypsin and 0.02% EDTA. Note: Do not use other trypsin-EDTA concentrations with ATCC PCS-201-012.
   3. Trypsin Neutralizing Solution (ATCC PCS-999-004)

**Citation of Strain**

If use of this culture results in a scientific publication, it should be cited in that manuscript in the following manner: Primary Dermal Fibroblast; Normal, Human, Adult (HDFa) (ATCC® PCS-201-012™)

**Intended Use**

This product is intended for research use only. It is not intended for any animal or human therapeutic or diagnostic use.

**SAFETY PRECAUTION**

ATCC highly recommends that protective gloves and clothing always be used and a full face mask always be worn when handling frozen vials. It is important to note that some vials leak when submersed in liquid nitrogen and will slowly fill with liquid nitrogen. Upon thawing, the conversion of the liquid nitrogen back to its gas phase may result in the vessel exploding or blowing off its cap with dangerous force creating flying debris.

**Unpacking & Storage Instructions**

1. Check all containers for leakage or breakage.
2. Remove the frozen cells from the dry ice packaging and immediately place the cells at a temperature below -130°C, preferably in liquid nitrogen vapor, until ready for use.

**Preparation of Complete Growth Medium**

1. Obtain one growth kit from the freezer; make sure that the caps of all containers are tight.
2. Thaw the components of the growth kit just prior to adding them to the basal medium. It is necessary to warm the L-glutamine component in a 37°C water bath, and shake to dissolve any precipitates prior to adding to the basal medium.
3. Obtain one bottle of Fibroblast Basal Medium (480 mL) from cold storage.
4. Decontaminate the external surfaces of all growth kit component vials and the basal medium bottle by spraying them with 70% ethanol.

5. Using aseptic technique and working in a laminar flow hood or biosafety cabinet, transfer the volume of each growth kit component, as indicated in Table 1 or 2, to the bottle of basal medium using a separate sterile pipette for each transfer.

Table 1. If using the Fibroblast Growth Kit–Serm-Free (ATCC® PCS-201-040), add the indicated volume for each component in the order shown.

<table>
<thead>
<tr>
<th>Component</th>
<th>Volume</th>
<th>Final Concentration</th>
</tr>
</thead>
<tbody>
<tr>
<td>L-glutamine</td>
<td>18.75 mL</td>
<td>7.5 mM</td>
</tr>
<tr>
<td>Hydrocortisone</td>
<td>0.5 mL</td>
<td>1 µg/mL</td>
</tr>
<tr>
<td>HLL Supplement</td>
<td>1.25 mL</td>
<td>HSA 500 µg/mL</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Linoleic Acid 0.6 µM</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Lecithin 0.6 µg/mL</td>
</tr>
<tr>
<td>rh FGF b</td>
<td>0.5 mL</td>
<td>5 ng/mL</td>
</tr>
<tr>
<td>rh EGF / TGF b-1</td>
<td>0.5 mL</td>
<td>5 ng/mL</td>
</tr>
<tr>
<td>Supplement</td>
<td>0.5 mL</td>
<td>30 pg/mL</td>
</tr>
<tr>
<td>rh Insulin</td>
<td>0.5 mL</td>
<td>5 µg/mL</td>
</tr>
<tr>
<td>Ascorbic acid</td>
<td>0.5 mL</td>
<td>50 µg/mL</td>
</tr>
</tbody>
</table>

Table 2. If using the Fibroblast Growth Kit–Low Serum (ATCC® PCS-201-041), add the indicated volume for each of the following components:

<table>
<thead>
<tr>
<th>Component</th>
<th>Volume</th>
<th>Final Concentration</th>
</tr>
</thead>
<tbody>
<tr>
<td>rh FGF b</td>
<td>0.5 mL</td>
<td>5 ng/mL</td>
</tr>
<tr>
<td>L-glutamine</td>
<td>18.75 mL</td>
<td>7.5 mM</td>
</tr>
<tr>
<td>Ascorbic acid</td>
<td>0.5 mL</td>
<td>50 µg/mL</td>
</tr>
<tr>
<td>Hydrocortisone</td>
<td>0.5 mL</td>
<td>1 µg/mL</td>
</tr>
<tr>
<td>rh Insulin</td>
<td>0.5 mL</td>
<td>5 µg/mL</td>
</tr>
<tr>
<td>Fetal Bovine Serum</td>
<td>10.0 mL</td>
<td>2%</td>
</tr>
</tbody>
</table>

Antimicrobials and phenol red are not required for proliferation but may be added if desired. The recommended volume of either of the optional components (GA solution or PSA solution) to be added to the complete growth media is summarized in Table 3.

Table 3. Addition of Antimicrobials/Antimycotics and Phenol Red (Optional)

<table>
<thead>
<tr>
<th>Component</th>
<th>Volume</th>
<th>Final Concentration</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gentamicin-</td>
<td>0.5 mL</td>
<td>Gentamicin: 10 µg/mL</td>
</tr>
<tr>
<td>Amphotericin B Solution</td>
<td></td>
<td>Amphotericin B: 0.25µg/mL</td>
</tr>
<tr>
<td>Penicillin-</td>
<td>0.5 mL</td>
<td>Penicillin: 10 Units/mL</td>
</tr>
<tr>
<td>Streptomycin-</td>
<td></td>
<td>Streptomycin: 10 µg/mL</td>
</tr>
<tr>
<td>Amphotericin B Solution</td>
<td></td>
<td>Amphotericin B: 25 ng/mL</td>
</tr>
<tr>
<td>Phenol Red</td>
<td>0.5 mL</td>
<td>33 µM</td>
</tr>
</tbody>
</table>

6. Tightly cap the bottle of complete growth medium and swirl the contents gently to assure a homogeneous solution. Do not shake forcefully to avoid foaming. Label and date the bottle.

7. Complete growth media should be stored in the dark at 2°C to 8°C (do not freeze). When stored under these conditions, complete growth media is stable for 30 days.

Handling Procedure for Frozen Cells and Initiation of Culture

1. Refer to the batch specific information provided on the last page of the product information sheet for the total number of viable cells recovered from this lot of ATCC® PCS-201-012.

2. Using the total number of viable cells reported, determine how much surface area can be inoculated to achieve an initial seeding density of 2,500 to 5,000 cells per cm².

3. Prepare the desired combination of flasks. Add 5 mL of complete growth medium per 25 cm² of surface area. Place the flask in a 37°C, 5% CO₂, humidified incubator and allow the media to pre-equilibrate to temperature and pH for 30 minutes prior to adding cells.

4. While the culture flasks equilibrate, remove one vial of ATCC® PCS-201-012 from storage and thaw
Primary Dermal Fibroblast; Normal, Human, Adult (HDFa) (ATCC® PCS-201-012™)

Please read this FIRST

Maintenance

1. Before beginning, pre-warm complete growth media in a 37°C water bath. This will take between 10 and 30 minutes, depending on the volume. If using a small volume of medium (50 mL or less), warm only the volume needed in a sterile conical tube. Avoid warming complete growth media multiple times.
2. 24 hours after seeding, remove the cells from the incubator and view each flask under the microscope to determine percent cellular confluence.
3. Carefully remove the spent media without disturbing the monolayer.
4. Add 5 mL of fresh, pre-warmed complete growth media per 25 cm² of surface area and return the flasks to the incubator.
5. After 24 to 48 hours, view each flask under the microscope to determine percent cellular confluence.
6. If not ready to passage, repeat steps 3 and 4 as described above. When cultures have reached 80% to 100% confluence, and are actively proliferating (many mitotic figures are visible), it is time to subculture. Fibroblasts are not a contact inhibited cell type.

Subculturing

1. Passage normal adult fibroblasts when the cells have reached approximately 80% to 100% confluence and are actively proliferating.
2. Warm both the Trypsin-EDTA for Primary Cells (ATCC® PCS-999-003) and the Trypsin Neutralizing Solution (ATCC® PCS-999-004) to room temperature prior to dissociation. Warm the complete growth medium to 37°C prior to use with the cells.
3. For each flask, carefully aspirate the spent media without disturbing the monolayer.
4. Rinse the cell layer two times with 3 to 5 mL of D-PBS per 25 cm² of surface area (ATCC® 30-2200) to remove any residual traces of serum. Rinse the cell layer one time with 3 to 5 mL of D-PBS if serum-free culture conditions are used.
5. Add pre-warmed trypsin-EDTA solution (1 to 2 mL for every 25 cm²) to each flask.
6. Gently rock each flask to ensure complete coverage of the trypsin-EDTA solution over the cells, and then aspirate the excess fluid off of the monolayer.
7. Observe the cells under the microscope. When the cells pull away from each other and round up (typically within about 3 to 5 minutes), remove the flask from the microscope and gently tap it from several sides to promote detachment of the cells from the flask surface.
8. When the majority of cells appear to have detached, quickly add to each flask, a volume of the Trypsin Neutralizing Solution (ATCC® PCS-999-004) equal to the volume of trypsin-EDTA solution used previously. Gently pipette or swirl the culture to ensure all of the trypsin-EDTA solution has been neutralized.
9. Transfer the dissociated cells to a sterile centrifuge tube and set aside while processing any remaining cells in the culture flask.
10. Add 3 to 5 mL D-PBS (ATCC® 30-2200) to the tissue culture flask to collect any additional cells that might have been left behind.
11. Transfer the cell/D-PBS suspension to the centrifuge tube containing the trypsin-EDTA-dissociated cells.
12. Repeat steps 10 and 11 as needed until all cells have been collected from the flask.
13. Centrifuge the cells at 150 x g for 3 to 5 minutes.
14. Aspirate the neutralized dissociation solution from the cell pellet and resuspend the cells in 2 to 8 mL fresh, pre-warmed, complete growth medium.
15. Count the cells and seed new culture flasks at a density of 2,500 to 5,000 cells per cm².
16. Place newly seeded flasks in a 37°C, 5% CO₂ incubator for at least 24 to 48 hours before processing.
the cells further. Refer to Maintenance for guidelines on feeding.

Quality Control Specifications

Growth
Each lot of ATCC® PCS-201-012 is tested to ensure the cells will grow for ≥ 10 population doublings after thaw in complete serum-free Fibroblast Media (Fibroblast Basal Medium plus one Fibroblast Growth Kit-Serum-Free).

Sterility Testing
Bacteria and Yeasts: Negative.
Mycoplasma: Negative

Viral Testing
Hepatitis B: Negative
Hepatitis C: Negative
HIV: Negative

Specific Staining
Positive for L-DOPA Oxidase activity

Intended Use
This product is intended for research use only. It is not intended for any animal or human therapeutic or diagnostic use.

Citation of Strain
If use of this culture results in a scientific publication, it should be cited in that manuscript in the following manner: Primary Dermal Fibroblast; Normal, Human, Adult (HDFa) (ATCC® PCS-201-012™)

Biosafety Level: 1

Appropriate safety procedures should always be used with this material. Laboratory safety is discussed in the current publication of the Biosafety in Biosafety in Microbiological and Biomedical Laboratories from the U.S. Department of Health and Human Services Centers for Disease Control and Prevention and National Institutes for Health.

Human Material Precaution
All tissues used for isolation are obtained under informed consent and conform to HIPAA standards to protect the privacy of the donor's personal health information. It is best to use caution when handling any human cells. We recommend that all human cells be accorded the same level of biosafety consideration as cells known to carry HIV. With infectious virus assays or viral antigen assays, even a negative test result may leave open the possible existence of a latent viral genome.

ATCC Warranty
The viability of ATCC® products is warranted for 30 days from the date of shipment, and is valid only if the product is stored and cultured according to the information included on this product information sheet. ATCC lists the media formulation that has been found to be effective for this strain. While other, unspecified media may also produce satisfactory results, a change in media or the absence of an additive from the ATCC recommended media may affect recovery, growth and/or function of this strain. If an alternative medium formulation is used, the ATCC warranty for viability is no longer valid.

Disclaimers
This product is intended for laboratory research purposes only. It is not intended for use in humans.

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Please see the enclosed Material Transfer Agreement (MTA) for further details regarding the use of this product. The MTA is also available on our Web site at www.atcc.org

Additional information on this culture is available on the ATCC web site at www.atcc.org.

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