### Intended Use

This product is intended for research use only. It is not intended for any animal or human therapeutic or diagnostic use.

### Complete Growth Medium

500 mL DMEM/F12 (ATCC® 30-2006)  
88 mL FBS (ATCC® 30-2020)  
5.9 mL L-Alanyl-L-Glutamine (ATCC® 30-2115)

### Citation of Strain

If use of this culture results in a scientific publication, it should be cited in the following manner: D16 (ATCC® CRL-3281™)

### Handling Procedure for Frozen Cells

To insure the highest level of viability, thaw the vial and initiate the culture as soon as possible upon receipt. If upon arrival, continued storage of the frozen culture is necessary, it should be stored in liquid nitrogen vapor phase and not at -70°C. Storage at -70°C will result in loss of viability.

1. Thaw the vial by gentle agitation in a 37°C water bath. To reduce the possibility of contamination, keep the O-ring and cap out of the water. Thawing should be rapid (approximately 2 minutes).
2. Remove the vial from the water bath as soon as the contents are thawed, and decontaminate by dipping in or spraying with 70% ethanol. All of the operations from this point on should be carried out under strict aseptic conditions.
3. Transfer the vial contents to a centrifuge tube containing 9.0 mL complete culture medium. and spin at approximately 125 x g for 5 to 7 minutes.
4. Resuspend cell pellet with the recommended complete medium (see the specific batch information for the culture recommended dilution ratio). It is important to avoid excessive alkalinity of the medium during recovery of the cells. It is suggested that, prior to the addition of the vial contents, the culture vessel containing the complete growth medium be placed into the incubator for at least 15 minutes to allow the medium to reach its normal pH (7.0 to 7.6). pH (7.0 to 7.6).
5. Incubate the culture at 37°C in a suitable incubator. A 5% CO₂ in air atmosphere is recommended if using the medium described on this product sheet.

### Handling Procedure for Flask Cultures

The flask was seeded with cells (see specific batch information), grown, and completely filled with medium at ATCC to prevent loss of cells during shipping.

1. Upon receipt visually examine the culture for macroscopic evidence of any microbial contamination. Using an inverted microscope (preferably equipped with phase-contrast optics), carefully check for any evidence of microbial contamination. Also check to determine if the majority of cells are still attached to the bottom of the flask; during shipping the cultures are sometimes handled roughly and many of the cells often detach and become suspended in the culture medium (but are still viable).
2. If the cells are still attached, aseptically remove all of the shipping medium. Add 10 to 15 mL of freshly made medium. Incubate the cells at 37°C in air atmosphere until they are ready to be subcultured.
3. If the cells are not attached, aseptically remove the entire contents of the flask and centrifuge at 125 xg for 5 to 10 minutes. Remove medium. Resuspend the pelleted cells in 10 to 15 mL of freshly made medium and add to a 25 cm² flask. Incubate at 37°C in air atmosphere until cells are ready to be subcultured.
Subculturing Procedure

Maintain cells at 40-80% confluency. Split one to three every three to four days. Reaching confluence (>90%) during passaging may reduce the adipogenic potential in the cells and result in poor differentiation later.

References

References and other information relating to this product are available online at www.atcc.org.

Biosafety Level: 1

Appropriate safety procedures should always be used with this material. Laboratory safety is discussed in the current publication of the *Biosafety in Microbiological and Biomedical Laboratories* from the U.S. Department of Health and Human Services Centers for Disease Control and Prevention and National Institutes for Health.

ATCC Warranty

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Disclaimers

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Additional information on this culture is available on the ATCC web site at www.atcc.org.

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