**Designation:** JCM 8573 [GCL 1731]

**Deposited Name:** Lactobacillus parakefir Takizawa et al.

**Medium**
ATCC® Medium 2025: Lactic acid whey medium

**Growth Conditions**
- **Temperature:** 30.0°C
- **Atmosphere:** Under a gas mixture of 97% CO₂, 3% H₂

**Propagation Procedure**
1. Open vial according to enclosed instructions.
2. Using a single tube of #2025 broth (5 to 6 ml), withdraw approximately 0.5 to 1.0 ml with a Pasteur or 1.0 ml pipette. Rehydrate the entire pellet.
3. Aseptically transfer this aliquot back into the broth tube. Mix well.
4. Use several drops of the suspension to inoculate a #2025 agar slant and/or plate.
5. Incubate the tubes and plate at 30°C for 24-36 hours under a gas mixture of 97% CO₂, 3% H₂.

**Notes**
Additional information on this culture is available on the ATCC® web site at www.atcc.org.

**References**
References and other information relating to this product are available online at www.atcc.org.

**Biosafety Level: 1**
Appropriate safety procedures should always be used with this material. Laboratory safety is discussed in the current publication of the *Biosafety in Microbiological and Biomedical Laboratories* from the U.S. Department of Health and Human Services Centers for Disease Control and Prevention and National Institutes for Health.

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