TransfeX™ Transfection of Plasmid DNA into 3T3-L1 Cells

3T3-L1 (ATCC® Cat. No. CL-173™) is a fibroblast cell line derived from mouse embryo. ATCC achieved transfection efficiencies of 40% using the protocol described below.

General Considerations for using the TransfeX transfection reagent:

- All steps should be performed in a biosafety cabinet using proper aseptic technique.
- **Cell conditions.** Cells should be passaged at least once after thaw and the use of low-passage cells is recommended. Passage the cells 18-24 hours before transfection to ensure the cells are actively dividing and that they will be at the appropriate cell density at the time of transfection. Make sure that the cells are healthy and are ≥ 90% viable, prior to transfection.
- **Seeding density.** Cell density should be 50-80% confluent on the day of transfection. See specified seeding density in the individual protocols and in Table 1. *Note: Determine the optimal cell density for each cell type in order to maximize transfection efficiency.*
- **DNA purity.** Use highly purified plasmid preps that are free from phenol or other contaminants. Plasmid DNA preps that are endotoxin-free are desirable.
- **Presence of antibiotics and other inhibitors.** Antibiotics will inhibit transfection complex formation and therefore should be excluded from the complex formation step. Transfection complexes can be added to cells grown in complete culture medium containing serum and low levels of antibiotics if required.
- **Complex formation conditions.** Prepare TransfeX Reagent and DNA complexes in serum-free growth medium. ATCC recommends using Opti-MEM I Reduced-Serum Medium to dilute the DNA before complex formation.

Materials required:

<table>
<thead>
<tr>
<th>Material Required</th>
<th>Catalog No.</th>
</tr>
</thead>
<tbody>
<tr>
<td>3T3-L1 cells</td>
<td>ATCC® CL-173™</td>
</tr>
<tr>
<td>DMEM</td>
<td>ATCC® 30-2002</td>
</tr>
<tr>
<td>Calf Bovine Serum, Iron Fortified</td>
<td>ATCC® 30-2030</td>
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<tr>
<td>TransfeX™</td>
<td>ATCC® ACS-4005</td>
</tr>
<tr>
<td>Opti-MEM® I Reduced-Serum Media</td>
<td>Life Technologies™ 31985-062</td>
</tr>
<tr>
<td>Plasmid DNA of interest (1µg/µL)</td>
<td></td>
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<tr>
<td>Tissue culture plates and supplies</td>
<td></td>
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</tbody>
</table>

Protocol:
The following protocol describes how to transfect plasmid DNA into 3T3-L1 cells using the TransfeX Reagent in a single well of a 12 well plate. The reaction may be scaled up as needed. Please refer to Table 1 for recommended reaction conditions for other dish or plate sizes.
A. Preparation of the cells for transfection

The day before transfection:
1. Count and measure cells for density and viability.
2. Plate $8.0 \times 10^4 - 1.0 \times 10^5$ cells per well in 1 mL of complete growth medium (DMEM+ 10% CBS). Cell density should be 50 - 70% confluent on the day of transfection.
3. Incubate cells overnight at 37°C with 5% CO₂.

The day of transfection:
1. Remove old media.
2. Replace old media with fresh complete growth media to a total volume of 1.0 mL.

B. Preparation of the DNA:TransfeX transfection complexes

1. Warm TransfeX, plasmid DNA, and Opti-MEM I Reduced-Serum Medium to room temperature and vortex gently to mix.
2. Pipette 100 µL Opti-MEM I Reduced-Serum Medium into a sterile microcentrifuge tube.
3. Add 1.0 µL (1.0 µg/µL) plasmid DNA.
4. Mix thoroughly with gently pipetting.
5. Add 2.0 µL TransfeX Reagent to the diluted DNA mixture. Note: Do not let the pipette tip or the reagent come into contact with the sides of the plastic tube.
6. Mix TransfeX:DNA complexes thoroughly using either a vortex or by pipetting briefly.
7. Collect contents at bottom of the tube using a mini-centrifuge.
8. Incubate TransfeX:DNA complexes at room temperature for 15 minutes.

C. Addition of DNA:TransfeX transfection complexes to the cells

1. Distribute the complexes to the cells by adding the complexes drop-wise to different areas of the wells.
2. Gently rock the culture vessel back and forth and from side to side to evenly distribute the TransfeX:DNA complexes.

D. Post-Transfection Handling

1. Incubate for 24-72 hours. Replace growth media 12-18 hours post transfection.
2. Wait for 18-24 hours post-transfection before assaying for transgene expression.

Table 1: Recommended reaction conditions for different size culture vessels.

<table>
<thead>
<tr>
<th>Culture Vessel</th>
<th>24 well plate</th>
<th>12 well plate</th>
<th>6 well plate</th>
<th>10 cm dish</th>
</tr>
</thead>
<tbody>
<tr>
<td>Surface area</td>
<td>1.9 cm²</td>
<td>3.8 cm²</td>
<td>9.6 cm²</td>
<td>59 cm²</td>
</tr>
<tr>
<td>Complete Growth Medium</td>
<td>0.5 mL</td>
<td>1.0 mL</td>
<td>2.5 mL</td>
<td>15.5 mL</td>
</tr>
<tr>
<td>Opti-MEM I Reduced Serum Medium</td>
<td>50 µL</td>
<td>100 µL</td>
<td>250 µL</td>
<td>1.5 mL</td>
</tr>
<tr>
<td>DNA (1 µg/µL stock)</td>
<td>0.5 µg</td>
<td>1.0 µg</td>
<td>2.5 µg</td>
<td>15 µg</td>
</tr>
<tr>
<td>TransfeX Reagent</td>
<td>1.0 µL</td>
<td>2.0 µL</td>
<td>5.0 µL</td>
<td>30 µL</td>
</tr>
</tbody>
</table>

Notes:
1. These cells are sensitive to the reagent and may exhibit levels of cytotoxicity. Using a higher seeding density is recommended and replacing the complete growth medium 12-18 hours post transfection. Monitor the cells post transfection for morphology changes.

2. Always include a control condition consisting of an empty vector plasmid or a plasmid expressing GFP.

Transfection efficiency of TransfeX Reagent on 3T3-L1 cells. Cells were transfected with EF1α-eGFP empty vector at 1.0 µg DNA with 2.0 µL of reagent (1:2) in Opti-MEM I Reduced Serum Media. No significant signs of cellular toxicity were observed.