



# ***Lactobacillus helveticus*** **(Orla-Jensen) Bergey et al.**

**521™**

## **Description**

**Strain designation:** [IAM 12475, NCDO 87, NCIB 2889]

**Deposited As:** *Lactobacillus bulgaricus* (Orla-Jensen) Rogosa and Jensen

**Type strain:** Yes

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## **Storage Conditions**

**Product format:** Freeze-dried

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## **Intended Use**

This product is intended for laboratory research use only. It is not intended for any animal or human therapeutic use, any human or animal consumption, or any diagnostic use.

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## **BSL 1**

ATCC determines the biosafety level of a material based on our risk assessment as guided by the current edition of *Biosafety in Microbiological and Biomedical Laboratories (BMBL)*, U.S. Department of Health and Human Services. It is your responsibility to understand the hazards associated with the material per your organization's policies and procedures as well as any other applicable regulations as enforced by your local or national agencies.

ATCC highly recommends that appropriate personal protective equipment is always used when handling vials. For cultures that require storage in liquid nitrogen, it is important to note that some vials may leak when submersed in liquid nitrogen and will slowly fill with liquid nitrogen. Upon thawing, the conversion of the liquid nitrogen back to its gas phase may result in the vial exploding or blowing off its cap with dangerous force creating flying debris. Unless necessary, ATCC recommends that these cultures be stored in the vapor phase of liquid nitrogen rather than submersed in liquid nitrogen.

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## Certificate of Analysis

For batch-specific test results, refer to the applicable certificate of analysis that can be found at [www.atcc.org](http://www.atcc.org).

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## Growth Conditions

### Medium:

ATCC Medium 416: Lactobacilli MRS Agar/Broth

**Temperature:** 37°C

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## Handling Procedures

1. Open vial according to enclosed instructions.
2. From a single tube of #416 broth (5 to 6 ml), withdraw approximately 0.5 to 1.0 ml with a Pasteur or 1.0 ml pipette and use to rehydrate the entire pellet.
3. Aseptically transfer the rehydrated pellet back into the broth tube. Mix well
4. Use several drops of this suspension to inoculate a second tube of broth, a slant

and/or a plate.

5. Incubate tubes and plate at 37°C in an atmosphere of 5% CO<sub>2</sub> for 48 hours. Loosen screw caps of all test tubes during the incubation period.

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## Notes

After 48 hours, growth is evident by turbidity in the broth and the formation of small colonies on the slant and/or plate. Growth is best in broth culture or on biphasic slants. Only scant growth is observed on agar.

Additional information on this culture is available on the ATCC web site at [www.atcc.org](http://www.atcc.org).

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## Material Citation

If use of this material results in a scientific publication, please cite the material in the following manner: *Lactobacillus helveticus* (Orla-Jensen) Bergey et al. (ATCC 521)

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## References

References and other information relating to this material are available at [www.atcc.org](http://www.atcc.org).

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